

# SAFE TOPLAY

Say Something if you See Something

## PLAY BY THE RULES

### While you're here...

- 1** Be yourself and accepting of others – we're all different, so let's celebrate this fact
- 2** Be respectful to others and take care of our equipment and space
- 3** Appreciate that everyone has different levels of ability and skill
- 4** Try your best and encourage your teammates
- 5** Speak out if you feel worried or concerned, including any bullying you may have seen or heard
- 6** Listen to your coach
- 7** Don't wander off or leave without telling a staff member
- 8** Bring the correct kit, food and drinks
- 9** Be on time to competitions and training – remind an adult of when you need to be there
- 10** Celebrate successes and be gracious if you lose
- 11** Follow our venue rules and rules of the sport
- 12** Follow our online safety and social media policies and procedures
- 13** Don't vape, smoke or consume alcohol during training, competitions or at our venue
- 14** Have fun and enjoy your time with us

SCAN ME



If you're worried or have a concern, reach out to someone you trust or contact British Equestrian